



# Join us and receive counseling services

## What We Do

Our caring team of behavioral health professional offers marriage and family therapy, as well as group, couple and individual counseling services for children, teens and adults.

- Individual, Couple & Family Counseling
- Depression/Anxiety Disorders
- Anger/Stress Management
- Cultural Adjustment/Identity Struggles
- Seniors Prevention/ Intervention Services
- Grief/bereavement Counseling
- Post Traumatic Stress Disorder (PTSD)
- Domestic Violence Intervention
- Suicide Prevention
- Parenting Classes
- Psycho-educational Classes

Call for a consultation today!

## Who We Are

Access California Services (AccessCal) is a culturally sensitive community-based organization dedicated to empowering underserved populations, with a focus on Arab- American & Muslim- American communities. We strive to enhance quality of life & foster self-determination through direct health & human services.



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[www.AccessCal.org](http://www.AccessCal.org)

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